



LATIMER COMMUNITY ART THERAPY

16th June 2022

Dear KAA Parents and Carers,

Latimer Community Art Therapy (LCAT) have been working in KAA since September 2021 and will begin to offer an 'open' art therapy group for the young people at KAA from Friday 17th June 2022 at 3pm – 4pm in room 9 on the ground floor.

An open group means it will be a therapy group that is open to any young person that wants to attend without a formal referral, a bit like a 'drop in' for immediate support. LCAT have successfully run groups like this in the community at St Clement James Centre, Venture Centre and Henry Dickens Community Centre since 2017.

The group will offer a space for young people's thoughts and feelings, and they will be facilitated by Susan Rudnik and Miriam Kilpatrick (fully qualified HCPC registered LCAT Art Psychotherapists). The groups will be child led so any material that the young people want to discuss will be ok, the child's voice is important in all we do and facilitating a space for this is at the heart of all our group work. There will be a range of art materials available and creativity and expression through art will be encouraged.

There has been a great deal of changes in young people's lives throughout the pandemic and much missed opportunities for socialising, play and group working. As a community we are also looking to the 5 year anniversary of the Grenfell Fire and any additional needs that may come up for young people. These groups will offer some space for all of these things in the supportive environment of school.

As these will be therapy groups the work will be held confidentially, and the purpose and boundaries of the group will be fully explained to young people attending. With any follow up support available in school as required.

Young people can attend if they wish – it will NOT BE a requirement for any child, if you do not want your child to attend then just let them know. If any young person attends the group consistently over a few sessions then either Miriam or Susan will contact parents.

Miriam and I are available to discuss anything about the groups or art therapy on Mondays and Fridays in KAA.

Sincerely,

A handwritten signature in black ink, appearing to be 'S. Rudnik', is written below the text 'Sincerely,'.

Susan Rudnik
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