

6F PSHE MTP

Termly overview:

Term	Threshold Concept
Autumn 1	Citizenship and British Values
Autumn 2	Health and Wellbeing
Spring 1	Sex and Relationships
Spring 2	Living in the Wider World
Summer 1	Avoiding Harm
Summer 2	Budget and Finance

AUTUMN I - Citizenship and British Values

Week	Lesson Title	Learning Objectives	Link to Lesson	Week	Lesson Title	Learning Objectives	Link to Lesson
1	What are our common values at KAA?	<ul style="list-style-type: none"> To understand the British values To understand the importance of KAA values To compare KAA values with British values 	L1: What are our common values at KAA?	1			
2	How does historical conflict affect our lives?	<ul style="list-style-type: none"> To understand the conflict in Kosovo To reflect on what other countries can learn from other conflicts 	L2: How does historical conflict affect our lives?	2			
3	Should you have to be British to live in Britain?	<ul style="list-style-type: none"> To revise the British values To assess the characteristics of being British 	L3: Should you have to be British to live in Britain?	3			
4	How do British	<ul style="list-style-type: none"> To revise the British values 	L4: How do	4			

	values support society?	<ul style="list-style-type: none"> To analyse the effects on society if each of the British values was not in place 	British Values support society?				
5	What is democracy?	<ul style="list-style-type: none"> To understand the meaning of democracy To analyse the role of democracy in the UK 	L5: What is democracy?	5			
6	Why should I care about politics?	<ul style="list-style-type: none"> To understand the role of politics on society To analyse the importance of politics on individuals lives 	L6. Why should I care about politics?	6			
7	What is the role of free press in society?	<ul style="list-style-type: none"> To understand the meaning of free press To analyse the effects of free press on society To assess the importance of free press on democracy 	L7: What is the role of free press in society? End of Unit Quiz: https://forms.gle/xCmAkYjBeLjWLC4a8	7			

AUTUMN 2 - Health and Wellbeing

Week	Lesson Title	Learning Objectives	Link to Lesson	Week	Lesson Title	Learning Objectives	Link to Lesson
1	Why is teenage obesity increasing?	<ul style="list-style-type: none"> To revise key features of a healthy diet To analyse the reasons for teenage obesity 	L1 Why is childhood obesity a public health crisis?	1			
2	How does sleep impact us?	<ul style="list-style-type: none"> To understand the science of sleep For students to assess their own quality of sleep and the impacts of this on their wider life 	L2 How does sleep impact us?.pptx	2			
3	Why can vaccinations be controversial?	<ul style="list-style-type: none"> To understand the MMR vaccine myth To assess how vaccine 	L3 Why are vaccinations controversial?	3			

		misinformation can be spread and the effects of this					
4	How can you keep your mind healthy?	<ul style="list-style-type: none"> To understand key strategies to support positive mental health (exercise, mindfulness, sleep etc) For students to assess their management of their mental health 	L4 - How can you keep your mind healthy.pptx	4			
5	How can you support others with their mental health?	<ul style="list-style-type: none"> To understand strategies for mental health conditions (therapies, medication, as well as strategies for general positive mental health) To assess what you can do to help a friend with their mental health 	L5 - How can I help others with their mental health?	5			
6	Does social media impact mental health?	<ul style="list-style-type: none"> To understand statistics for image filtering, cyber bullying etc on social media To assess the impact of social media (image altering, cyber bullying 	L6 - Does social media impact mental health?.pptx nd of Unit Quiz: https://forms.gle/VmFQeTiva7bvthrn	6			

		etc) on mental health (particular focus on body image)	9				
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SPRING I - Sex and Relationships

Week	Lesson Title	Learning Objectives	Link to Lesson	Week	Lesson Title	Learning Objectives	Link to Lesson
1	How can you identify and change unhealthy relationships?	<ul style="list-style-type: none"> To understand the features of unhealthy relationships To assess the lasting impacts on mental wellbeing from unhealthy relationships 	Copy of L1 How do I identify and change unhealthy relationships?	1			
2	How is consent important in a relationship?	<ul style="list-style-type: none"> To understand the law on sexual consent To assess how 	L2 - How is consent important in a	2			

		consent relates to communication in a relationship (beyond sexual consent)	relationship?				
3	What is the law on pornography?	<ul style="list-style-type: none"> To understand the law on pornography - sending images, sextortion To assess the impact of pornography on relationships: distorted picture of sexual behaviour, damage self-esteem, negatively affect how behave towards sexual partners 	L3 What are the laws on pornography?	3			
4	What choices does a person have around pregnancy?	<ul style="list-style-type: none"> To understand the facts about the full range of contraceptive choices, efficacy and options available. 	L4 - What choices does a person have around pregnancy?	4			
5	What are the impacts of unsafe sex (STIs)?	<ul style="list-style-type: none"> To understand facts about: prevalence of STIs, how they are transmitted, how they can be reduced, how alcohol/drugs 	L5 - what are the impacts of unsafe sex?.pptx End of Unit Quiz: https://forms .	5			

		<p>can lead to risky sexual behaviour and importance of testing</p> <ul style="list-style-type: none"> To understand how get further advice, including how and where to access confidential sexual and reproductive health advice and treatment. 	gle/DfkrqrsEsHhe8p 16				
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SPRING 2 - Living in the wider world

Week	Lesson Title	Learning Objectives	Link to Lesson	Week	Lesson Title	Learning Objectives	Link to Lesson
1	What are my rights as an employee?	<ul style="list-style-type: none"> To understand employee rights in the UK: national minimum wage, sick pay, maternity/paternity pay/leave, holiday To understand what to do if these rights are broken 	1. What are my rights as an employee?	1			
2	How is race discrimination still present today?	<ul style="list-style-type: none"> To understand the definition of race discrimination and the laws in place to protect against it To assess how race discrimination continues 	2. How is race discrimination still present today?	2			

		to be an issue in the world and what can be done to address this					
3	How is discrimination against sexuality still present today?	<ul style="list-style-type: none"> To understand the definition of discrimination against sexual orientation and the laws in place to protect against it To assess how discrimination against sexual orientation continues to be an issue in the world and what can be done to address this 	3. How is discrimination against sexuality still present today?	3			
4	Are men and women equal?	<ul style="list-style-type: none"> To understand the definition of sex discrimination and the laws in place to protect against it To assess whether men and women are treated equally and what can be done to address this 	4. Are men and women equal?	4			
5	How is discrimination against religion still present today?	<ul style="list-style-type: none"> To understand the definition of discrimination against religion and the laws in place to protect against it To assess how discrimination against 	5. How is discrimination against religion still present today?	5			

		religion continues to be an issue in the world and what can be done to address this					
6	How do we fight for equality?	<ul style="list-style-type: none"> To assess how different groups tackle discrimination and inequality against protected characteristics To analyse how students can fight for equality in their own lives 	6. How do we fight for equality.pptx End of Unit Quiz:	6			

SUMMER 1 - Avoiding Harm

Week	Lesson Title	Learning Objectives	Link to Lesson	Week	Lesson Title	Learning Objectives	Link to Lesson
1	Why does the brain allow us to undertake risky behaviour?	<ul style="list-style-type: none"> To understand the role of the brain in risk-taking 	1. Why does the brain allow us to undertake risky behaviour?	1			
2	Can alcohol be used safely?	<ul style="list-style-type: none"> To understand the risks associated with alcohol To explore safety when drinking alcohol 	2. Is drinking alcohol a risky behaviour?	2			
3	Should drugs be	<ul style="list-style-type: none"> To understand the 	3. Should	3			

	legalised?	<ul style="list-style-type: none"> risks of drug use To explore drug legalisation arguments 	drugs be legalised?				
4	How can we protect young people from knife crime?	<ul style="list-style-type: none"> To understand incidence if knife crime in the UK To explore ways to reduce knife crime in society 	4. Why is knife crime rising in the UK?	4			
5	How is gambling a risky behaviour?	<ul style="list-style-type: none"> To understand gambling as an addictive behaviour To explore how to recognise when gambling becomes problematic 	5. Why is Gambling a risky behaviour?	5			
6	Is investing money a risky behaviour?	<ul style="list-style-type: none"> To understand basic principles of investment To explore the relative risk of investing money 	6. Is investing money a risky behaviour?.pptx	6			

SUMMER 2 - Budget and Finance

No need to plan a 2 year cycle as only Y12 complete this.

Week	Lesson Title	Learning Objectives	Link to Lesson
1	How do I manage financially at uni?	<ul style="list-style-type: none">• To explore the different sources of financial support at university	1 - How do I manage financially at university?
2	Is it realistic to want to buy my own home?	<ul style="list-style-type: none">• To explore the process of buying a house	2. Is it realistic to want to buy my own home.pptx

3	How do people get into debt?	<ul style="list-style-type: none"> To understand the risks involved with borrowing money 	3. Why do people get into debt.pptx
4	Y12 off TT for AP3 exams - no PSHE		
5	How will taxes impact my life?	<ul style="list-style-type: none"> To explore the different types of taxes To understand how each impacts an individual 	4. How will taxes impact my life
6	How will inflation affect me?	<ul style="list-style-type: none"> To understand the basic principle of inflation To explore how this impacts an individual 	5. How does inflation impact me.pptx