

20 December 2023

## Y8 Relationships and Sex Education Curriculum

Dear Y8 Parents / Carers,

At KAA we are committed to educating your child with the knowledge and skills they need to be successful in later life, both academically and in their wider social and emotional welfare. As part of your child's education, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education program.

I am writing to let you know that, in Spring 1, our PSHE lessons across the whole school will cover Relationships and Sex Education (RSE). In year 8, the content is all relating to relationship education. The key questions we will be covering are:

- What does a healthy relationship look like?
- What is the right to say no?
- What is an abusive relationship?
- How can I navigate a relationship breakdown?
- How can I apply boundaries to my relationship?

Our students are growing up in an increasingly complex world. They have many exciting opportunities ahead of them and it is our desire to equip them to navigate these opportunities safely and successfully. As an academy, we are committed to the Equality Act of 2010; we have a statutory responsibility to deliver lessons that educate about, and challenge discrimination to anyone on the grounds of "age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, and sexual orientation." Please be assured that the lessons have been planned to reflect the breadth of views within our student community and to ensure that students learn that respectful debate is healthy and productive. You can access the lesson content [here](#).

The Department for Education has made the teaching of RSE compulsory for all schools. According to the government's legislation, parents have the right to withdraw their child from the Sex Education lessons in this program, but are not able to withdraw him/her from any aspects of the Relationships or Health Education. As mentioned above the content for year 8 is Relationship and Health Education. Therefore, there is no withdrawal for year 8 students. Further guidance is available here: <https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs>.

As a school community, we are committed to working in partnership with parents. Parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education lessons. To further this partnership, I would like to invite you to our **Relationships and Sex Education Coffee Morning on Wednesday 10<sup>th</sup> January at 9.30am** if you would like to hear more about the RSE curriculum at KAA and to answer any questions you may have. To sign up please complete this form: <https://forms.gle/oZ4QkDTPH6udNBWk7>

If you would like to find out more or discuss any concerns, please contact me directly via email at [j.vines@kaa.org.uk](mailto:j.vines@kaa.org.uk).

Best wishes,

**Jasmine Vines**  
Assistant Principal – Personal Development